



**KUMAUN UNIVERSITY, NAINITAL**  
**EVEN SEMESTER EXAMINATION SESSION: 2026**


**EXAMINATION SCHEDULE**

PG DIPLOMA IN YOGA - II SEMESTER M.A. YOGA - II (Back) & IV SEMESTER  
(Time: 09.00 A.M. to 12.00 Noon)

Date & Day	PG DIPLOMA IN YOGA II SEMESTER	M.A. YOGA II SEMESTER (Back)	M.A. YOGA IV SEMESTER
10/6/2026 Wednesday	Patanjal Yoga Sutra	Patanjal Yoga Sutra	-----
11/6/2026 Thursday	-----	-----	Yoga Therapy
12/6/2026 Friday	Yoga And Health	Yoga & Mental Health	-----
13/6/2026 Saturday	-----	-----	Teaching Methodology In Yoga
16/6/2026 Tuesday	Naturopathy	Alternative Therapies	-----
17/6/2026 Wednesday	-----	-----	Mama Therapy
18/6/2026 Thursday	Yoga And Alternative Therapy	Yoga in Upanishads	-----
19/6/2026 Friday	-----	-----	Principles Of Ayurved
22/6/2026 Monday	-----	-----	Applied Yoga

Note -No guarantee can be given to the candidates regarding the order of the question papers.

Place : Nainital  
Date : 14-05-2026

  
Deputy Controller of Examinations  
Kumaun University, Nainital

